



WHEN AT THE END OF THE ROAD

FRCNA-XLII

JULY 3 - JULY 7 2024 | ORLANDO, FL

FLORIDA REGIONAL CONVENTION OF NARCOTICS ANONYMOUS

WELCOME

The Florida Region of Narcotics Anonymous welcomes you to celebrate FRCNA XLII. We look forward to your participation in many of the various workshops provided in our program. Registration badges are required to attend ALL workshops, speaker meetings, as well as our entertainment activities. This is an open convention, and all are welcome to attend. We ask that only addicts share in our workshops.

OUR MESSAGE

“What is our message? The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.”

Tradition #5 - Basic Text, Page 68

CLARITY STATEMENT

We are presented with a dilemma when NA members identify themselves as “addicts and alcoholics” or talk about living “clean and sober.” The clarity of the NA message is blurred. To speak in this manner suggests that there are two diseases; that one drug is somehow separate from the rest—requiring special recognition. Narcotics Anonymous makes no distinction between drugs. Our identification as addicts is all-inclusive, allowing us to concentrate on our similarities, not our differences.

11th TRADITION (To the Press)

“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.” If any members of the press are present, please see a FRCNA Board Member. We ask that you and/or your team not take any photos/videos during the meetings or event.

RESPONSIBILITY STATEMENT

The Rosen Plaza has gone to great lengths to provide us with a wonderful, elegant, and friendly atmosphere for our convention. We, the convention participants, need to follow the rules to ensure a welcome return in the future. We truly are public relations for the fellowship. Please keep in mind that your conduct reflects NA. If you cannot act in a responsible manner, you will be asked to leave.

- Shirts, shoes, and appropriate attire must always be worn inside the hotel, and public areas (except at the pool).
- Please keep any noise in the hallways to a minimum to ensure peace and quiet in the hotel after the evening events. The hotel always reserves the right to ask anyone who does not comply to leave the premises.
- Sleeping is NOT allowed in any public area on hotel property. (This includes the Hospitality/Escape and Marathon rooms, hallway, alcoves and/or parked cars in the hotel parking lot or garage.)
- Parents are solely responsible for children in their care.
- Fireworks of any kind are prohibited.
- NA is under no surveillance at any time, the hotel and venue are, and while NA is not affiliated with the hotel, we must abide by its rules and regulations.

SMOKING AND VAPING

The convention facility is a non-smoking facility. Smoking or vaping is not permitted anywhere inside the venue and only allowed outside in designated smoking areas, in accordance with regulations. We ask you to be considerate of other attendees and hotel guests. *Part II, Chapter 386, Section 386.202 Florida Statutes "INDOOR AIR: Smoking and Vaping."*

FLORIDA REGION FELLOWSHIP DEVELOPMENT SERVICE TRACK

The Florida Regional Service Committee (FRSC) Service Track will be facilitated by the Florida Region's Fellowship Development Team and the Regional and Alternate Delegates. The 90-minute workshop will consist of the RD & AD facilitating an IDT (Issue Discussion Topic) for the first half of the service track and the Florida Region's FD Team will cover the second half with topics and discussions focusing on recovering addicts in our local NA communities within the Florida Region and around the world. These conversations encourage us to think more deeply about relevant topics and help build unity within our groups and service structure. In addition, sending the results of your discussions to the World Board can help shape Fellowship-wide resources and services. This workshop is designed so that everyone can participate. Feel free to come in and listen. These workshops are marked (S).

CORRECTIONS

Corrections serves as the single point of contact between the state and federal correctional officials and institutions, within the Florida Region, for the purpose of carrying the NA message of recovery to the addict who still suffers behind the walls of state and federal correctional institutions. The [CRC] maintains, facilitates, and develops approved Florida Regional initiatives and projects: Pen Pal Project [PPP], pin number data base for Behind the Walls [BTW], Working the Steps BTW, and collaborate with other coordinators with Bridging the Gap.

(There are Corrections groups that participate during FRCNA through phone links via Zoom and "Shout Outs" at the Saturday night Speaker meeting. Be sure to welcome them!)

SPEAKER SIGN-IN

Workshop Speakers & Chairpersons must be registered for the convention prior to signing in 30 minutes prior to your commitment. Program “Speaker Sign-In” is located at Registration Desk C/D (Level 1). *Please make sure to sign the Speaker Release form when you check-in before your commitment.*

SERENITY KEEPERS & GREETERS CHECK-IN

Serenity Keepers and Greeters VOLUNTEER check-in is located at Registration Desk C/D. **All volunteer hours credited to your Area for the Service Banner challenge require check-in and out at the Serenity Keeper Desk (Level 1).**

WHY REGISTER FOR THE CONVENTION?

Often when attending an NA Convention, Members ask “Why should I register?” The convention incurs a great deal of expenses. Costs include convention space/venue, travel for out-of-town speakers, entertainment, coffee, food & beverage costs, DJs for the dances, merchandise, programs, and registration packets.

Our event venue requires all participants to register for insurance purposes. The monies collected help carry the message to the addict still suffering. There are no 7th Tradition funds used in the planning or execution of FRCNA XLII. We believe when participants understand how the registration fees help to make FRCNA possible, the question “Why should I register?” ...is answered.

Contact **FRCNA-**

Email: info@frcna.com

FRCNA website at: www.frcna.com

Hours of Operation

WEDNESDAY July 3, 2024		
REGISTRATION	Registration Desk A/B	2:00 PM - 10:00 PM
MERCHANDISE	Salons 3/4	2:30 PM-6:00 PM
OUTSIDE VENDORS	Salon 5	9:00 PM - 10:30 PM
HOSPITALITY/ESCAPE	Salon 6	2:00 PM – 7:00 PM 10:00 PM – 12:00 AM
Marathon *No Badge Required*	Salon 18	2:00 PM – 12:00 AM
THURSDAY July 4, 2024		
REGISTRATION	Registration Desk A/B	8:30 PM - 10:00 PM
MERCHANDISE	Salons 3/4	9:00 AM - 6:00 PM
OUTSIDE VENDORS	Salon 5	9:30 PM - 10:30 PM
HOSPITALITY/ESCAPE	Salon 6	8:00 AM – 7:00 PM 10:00 PM - 12:00 AM
Marathon *No Badge Required*	Salon 18	8:00 AM – 12:00 AM
FRIDAY July 5, 2024		
REGISTRATION	Registration Desk A/B	8:30 AM - 10:00 PM
MERCHANDISE	Salons 3/4	9:00 AM - 6:00 PM
OUTSIDE VENDORS	Salon 5	9:30 PM - 10:30 PM
HOSPITALITY/ESCAPE	Salon 6	8:00 AM – 7:00 PM 10:00 PM - 12:00 AM
Marathon *No Badge Required*	Salon 18	8:00 AM – 12:00 AM

SATURDAY July 6, 2024

REGISTRATION	Registration Desk A/B	8:30 AM - 5:00 PM 7:00 PM - 10:00 PM
MERCHANDISE	Salons 3/4	9:00 AM - 5:00 PM 9:30 PM - 10:30 PM
OUTSIDE VENDORS	Salon 5	
HOSPITALITY/ESCAPE	Salon 6	8:00 AM - 5:00 PM 10:00 PM - 12:00 AM
Marathon *No Badge Required*	Salon 18	8:00 AM - 12:00 AM

SUNDAY July 7, 2024

MERCHANDISE	Salons 3/4	9:00 AM - 12:00 PM
OUTSIDE VENDORS	Salon 5	
HOSPITALITY/ESCAPE	Salon 6	8:00 AM - 10:00 AM

Entertainment

FRIDAY July 5, 2024

Morning Yoga	Salon 17	8:00 AM
Escape Room Adventure	Hospitality/ Escape Room	10:00 AM - 12:00 PM 3:00 PM - 5:00 PM
Restorative Yoga	Salon 17	12:00 PM
Escape Room	Locked Suite TBD	10:00 PM - 11:30 PM
Comedy Show**	Grand Ballroom A-B	10:00 PM - 11:30 PM
Dance	Salons 11/12	10:30 PM - 1:30 AM
Yoga Nidra	Salon 17	10:00 PM - 11:00 PM

Saturday July 6, 2024

Morning Yoga	Salon 17	8:00 AM
Escape Room Adventure	Hospitality/ Escape Room	10:00 AM - 12:00 PM 3:00 PM – 5:00 PM
Banquet**	Grand Ballroom A - D **Assigned Tables	6:00 PM (Doors open at 5:45 PM)
Main Auction	Grand Ballroom A - D	7:00 PM (Doors open at 6:45 PM)
Escape Room	Locked Suite TBD	10:00 PM – 11:30 PM
Dance	Salons 11/12	10:30 PM – 1:30 AM
Yin Yoga	Salon 17	10:00 PM - 11:00 PM

Sunday July 7, 2024

Sunday Breakfast**	Grand Ballroom A - D	9:00 AM - 10:00 AM
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**** = Paid event - All hard ticket events are ONLY for paid convention registrants****

ZOOM – All Main Speakers along with the “Corrections” workshop will be live streamed and broadcast via the Zoom platform. Check out the Zoom schedule posted at www.frcna.com and the FB group.



(FRCNA XLII is not affiliated with nor endorses Zoom)

Workshop & Main Speakers Schedule

Wednesday July 3, 2024		
3:30 PM	Staying Clean, Excitement Not Fear	Salon 8
7:30 PM	Pre-Launch Main Speaker Stacey M-J. (Daytona Area)	Grand Ballroom A - B
10:00 PM	Living in Gratitude	Salon 7
	NA Symbol - Universal Program	Salon 10
	Just For Tonight (Meditation)	Salon 1
Thursday July 4, 2024		
7:00 AM	Just for Today	Salon 1
9:00 AM	Getting the Children Back	Salon 7
	"No" Is a Complete Sentence	Salon 9
10:30 AM	From Judgement to Discernment	Salon 2
	The Road Less Traveled	Salon 8
	Play the Tape to the End	Salon 10
1:30 PM	Becoming of Age in Recovery	Salon 7
	The Only Requirement is a Desire	Salon 9

Thursday July 4, 2024

1:30 PM	When at the End of the Road	Grand Ballroom C
	The First Step to Open-Mindedness	Grand Ballroom D
3:30 PM	Are you in Recovery Mode?	Salon 8
	Mirror, Mirror - Who am I to Judge	Salon 10
	Expectations & Pre-Meditated Resentments	Grand Ballroom C
	Acceptance - What Gets in the Way	Grand Ballroom D
7:30 PM	Opening Main Speaker Bob J. (Palm Coast Area)	Grand Ballroom A - B
10:00 PM	Shame - Useless or Motivating	Salon 7
	What is a Successful Day?	Salon 9
	Just For Tonight (Meditation)	Salon 1

Friday July 5, 2024

7:00 AM	Just for Today	Salon 1
9:00 AM	Little Lies Everywhere: Secrets	Salon 7
	Humility is an Action	Salon 9
	Acceptance the Gift of Surrender	Grand Ballroom C
	Mental Health: Do I Need Help	Grand Ballroom D

Friday July 5, 2024 (Continued)

10:30 AM	The NA Tree – Our Purpose	Salon 8
	My Best Thinking Got Me Here	Salon 10
	CORRECTIONS	Grand Ballroom C
	Similarities not Our Differences	Grand Ballroom D
12:00 PM	Edging God Out: Keep the E.G.O in Check	Salon 7
	1 Program 2 People = Recovery Couple	Salon 9
	Grief - Healing my Heart	Grand Ballroom C
	Virtual World Recovery – Staying Connected	Grand Ballroom D
1:30 PM	Afternoon Main Speaker – “Bulldog” Bob O. (Space Coast Area)	Grand Ballroom A - B
3:30 PM	Live and Let Die	Salon 7
	Actions Speak Louder than Words	Salon 9
	The Gambling Addict - Taking Risks	Grand Ballroom C
	LGBTQ+	Grand Ballroom D
7:30 PM	Friday Night Main Speaker Dalton H. (Arizona)	Grand Ballroom A - B

Friday July 5, 2024 (Continued)

10:00 PM	Recovery Part 2	Salon 2
	Keeping a Commitment	Salon 7
	Getting Through the Impossible – Clean & Serene	Salon 9
	Just For Tonight (Meditation)	Salon 1

Saturday July 6, 2024

7:00 AM	Just for Today	Salon 1
9:00 AM	The Road to Acceptance	Salons 7/8
	That Phrase Spiritual Awakening	Salons 9/10
	The Most Important - Who is the Newcomer	Grand Ballroom C
10:00 AM – 11:45 AM	<p style="color: red; margin: 0;">(S) Florida Region Service Track</p> <p style="color: red; margin: 0;"><u>RD & AD</u> - IDT: “Gender Neutral & Inclusive Language in NA Literature”</p> <p style="color: red; margin: 0;"><u>FD Team</u> – “Local, Regional & World Service”</p>	<p style="margin: 0;">Grand Ballroom D</p> <p style="color: red; margin: 0;">*90 minutes</p>
10:30 AM	Great Days, Good Days & Challenges	Salons 7/8
	12th Concept, What?	Salons 9/10

Saturday July 6, 2024 (Continued)

12:00 PM	I said "I'm FINE..."	Salon 2
	Service in NA - No Title Required	Salons 7/8
	Innocent Until Proven Guilty	Salons 9/10
	WOMEN'S RAP-	Grand Ballroom C
	MEN'S RAP	Grand Ballroom D
1:30 PM	Afternoon Main Speaker Julie S. (Tampa Funcoast)	Grand Ballroom A - B
3:30 PM	Homegroup: Knowing the BTS (Behind the Scenes)	Salon 2
	Jails, Institutions & Recovery	Salons 7/8
	Chapter 10	Salons 9/10
	Rebellion- Indifference or Intolerance	Grand Ballroom C
	Sponsorship - I Want What You Have	Grand Ballroom D
7:30 PM	Saturday Night Main Speaker Tito S. (Connecticut)	Grand Ballroom A - D
10:00 PM	It is Available to Us All	Salon 2
	Did you Say FUN in Recovery?	Salons 7/8
	Feelings Will Not Kill You	Salons 9/10
	Just For Tonight (Meditation)	Salon 1

Sunday July 7, 2024

7:00 AM	Just for Today	Salon 1
10:00 AM	Sunday Morning Speaker Luz C. (Brooklyn, NY)	Grand Ballroom A - B
Other Information		
Starting Friday	Nar-Anon (In cooperation, not affiliation)	Salons 13/14

FRCNA 42 ACTIVITIES

-FRCNA Activities are included in your registration at no additional cost-

Yoga by Andrew

- Friday and Saturday mornings 8:00 AM
Gentle Yoga - All levels movement class
- Friday 12:00 PM
Restorative Yoga - Restful positions with guided meditation and sound bowls
- Friday 10:00 PM
Yoga Nidra - 'Yoga sleep' listen to verbal guidance in stillness. to achieve deep rest
- Saturday 10:00 PM
Yin Yoga - Deep stretching while never rising from mat accompanied by a guided meditation

ESCAPE ROOM – LOCKED SUITE TBD

This is an actual live immersive and interactive adventure Escape Room.

Your team will have 60 minutes to escape from various NA related scenarios, themes, no keys to the locks, clues, and puzzles.

What a thrilling new experience!!!

FRCNA 42 SPECIAL EVENTS

AUCTION

Saturday night the main auction will start promptly at 7:00 PM – convention banner, logo puzzles, one logo jewelry piece, and limited-edition items.

DANCES

Check out the best Dance in NA - Friday & Saturday night featuring DJ “Buck Wylde!!!” – Salons 11/12 (Level 2)

COMEDY SHOW

**FRIDAY night ONLY – 2 Comedians!!!

Direct from California – Karin Babbitt is a standup comic, actor, director, writer and teacher and a LEGEND of The Comedy Store in Hollywood.

James Saberi is often called “the comedian”, you can catch him on any given day in a 12-step meeting somewhere in the world and he’s sure to lift your spirits.

Ticket(s) Required (Paid Event)

OUTSIDE VENDORS—JEWELRY & CD’S

Don’t forget our outside vendors returning to FRCNA! NA jewelry from “Parable Designs”, pick up your Workshop and Speaker CD’s from “Sista Sol” and customized NA medallions by “The Gifts of Recovery”

RESTAURANT DISCOUNT FOR REGISTERED ATTENDEES

Show your FRCNA badge to receive a 25% discount

Jack’s Place and Café Matisse

How to Get Involved with FRCNA 43!

FRCNA Support Committees:

Enhance your FRCNA experience by participating on any of the following Support Committees - Entertainment, Greeters/Serenity Keepers, Hospitality/Escape, Marathon, Merchandise, Program, or Registration. Support Committees meet 10:00am to 12pm, in person onsite at the convention hotel/venue in October, February & June and virtually via Zoom in December, April & May. Members also collaborate on various projects in-between committee meetings.

How do I join a FRCNA Support Committee?

All members are welcome to attend the Support Committee Meetings! Each committee is comprised of two representatives from each Area within the Florida Region. We have members who are on participate in the planning or FRCNA and those who prefer getting involved in the execution of the convention.

Your commitment to serve will help make
FRCNA XLIII a great success!!!

Speaker Submissions

FRCNA accepts throughout the convention cycle recorded mp3 speaker submissions online only.

Main speakers must have 5 years clean, have not spoken as a main speaker at FRCNA within the past 10 years or any other convention within the state of Florida in the last 18 months. The deadline is **March 15th** to be considered for the current year. Main speakers are selected in April prior to the convention.

Required: The Speaker's Name, Email Address, Phone, Clean Date, Area & Region, Location and Date of Recording must be provided prior to uploading online at www.frcna.com/speaker.

We are excited to announce...

“FRCNA XLIII”

July 3rd – July 6th, 2025

Rosen Centre

9848 International Drive

Orlando, FL 32819

NA is not affiliated with this venue

Pre-registration for FRCNA 43-

Pre-register online ONLY at: www.frcna.com
starting Saturday at 10:00 pm

We can assist you @ The Convention Registration Desk
Saturday, July 6th-10:00 pm to 11:00 pm
Sunday, July 7th - 9:00 am to 11:00 am

Find us on...



LEVEL 1 - GROUND FLOOR



LEVEL 2

